

*TBL 3-1-2*  
**VFR Cruising Altitudes and Flight Levels**

<b>If your magnetic course (ground track) is:</b>	<b>And you are more than 3,000 feet above the surface but below 18,000 feet MSL, fly:</b>	<b>And you are above 18,000 feet MSL to FL 290, fly:</b>
0° to 179° .....	Odd thousands MSL, plus 500 feet (3,500; 5,500; 7,500, etc.)	Odd Flight Levels plus 500 feet (FL 195; FL 215; FL 235, etc.)
180° to 359° .....	Even thousands MSL, plus 500 feet (4,500; 6,500; 8,500, etc.)	Even Flight Levels plus 500 feet (FL 185; FL 205; FL 225, etc.)