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- (B) 10 takeoffs and 10 landings to a full stop (with each landing involving a flight in the traffic pattern) at an airport.
- (iii) 35 hours of instrument flight training in a multiengine airplane that includes at least one cross-country flight that is performed under IFR and—
- (A) Is a distance of at least 250 nautical miles along airways or ATC-directed routing with one segment of the flight consisting of at least a straight-line distance of 100 nautical miles between airports.
- (B) Involves an instrument approach at each airport.
- (C) Involves three different kinds of approaches with the use of navigation systems.
- (iv) 3 hours of flight training in a multiengine airplane in preparation for the practical test within 60 days preceding the date of the test.
- (3) For a rotorcraft helicopter course: 70 hours of training from an authorized instructor on the approved areas of operation in paragraph (d)(3) of this section that includes at least—
- (i) Except as provided in §61.111 of this chapter, 3 hours of cross-country flight training in a helicopter.
- (ii) 3 hours of night flight training in a helicopter that includes—
- (A) One cross-country flight of more than 50 nautical miles total distance.
- (B) 10 takeoffs and 10 landings to a full stop (with each landing involving a flight in the traffic pattern) at an airport.
- (iii) 35 hours of instrument flight training in a helicopter that includes at least one cross-country flight that is performed under IFR and—
- (A) Is a distance of at least 100 nautical miles along airways or ATC-directed routing with one segment of the flight consisting of at least a straight-line distance of 50 nautical miles between airports.
- (B) Involves an instrument approach at each airport.
- (C) Involves three different kinds of approaches with the use of navigation systems.
- (iv) 3 hours of flight training in a helicopter in preparation for the practical test within 60 days preceding the date of the test.
- (4) For a powered-lift course: 70 hours of training from an authorized instructor on the approved areas of operation in paragraph (d)(4) of this section that includes at least—
- (i) Except as provided in §61.111 of this chapter, 3 hours of cross-country flight training in a powered-lift.
- (ii) 3 hours of night flight training in a powered-lift that includes—
- (A) One cross-country flight of more than 100 nautical miles total distance.
- (B) 10 takeoffs and 10 landings to a full stop (with each landing involving a flight in the traffic pattern) at an airport.
- (iii) 35 hours of instrument flight training in a powered-lift that includes at least one

- cross-country flight that is performed under IFR and—
- (A) Is a distance of at least 250 nautical miles along airways or ATC-directed routing with one segment of the flight consisting of at least a straight-line distance of 100 nautical miles between airports.
- (B) Involves an instrument approach at each airport.
- (C) Involves three different kinds of approaches with the use of navigation systems.
- (iv) 3 hours of flight training in a poweredlift in preparation for the practical test, within 60 days preceding the date of the test.
- (c) For use of full flight simulators or flight training devices:
- (1) The course may include training in a combination of full flight simulators, flight training devices, and aviation training devices, provided it is representative of the aircraft for which the course is approved, meets the requirements of this section, and the training is given by an authorized instructor.
- (2) Training in a full flight simulator that meets the requirements of \$141.41(a) may be credited for a maximum of 35 percent of the total flight training hour requirements of the approved course, or of this section, whichever is less.
- (3) Training in a flight training device that meets the requirements of §141.41(a) or an aviation training device that meets the requirements of §141.41(b) may be credited for a maximum of 25 percent of the total flight training hour requirements of the approved course, or of this section, whichever is less.
- (4) Training in a combination of flight simulators, flight training devices, or aviation training devices, described in paragraphs (c)(2) and (3) of this section, may be credited for a maximum of 35 percent of the total flight training hour requirements of the approved course, or of this section, whichever is less. However, credit for training in a flight training device and aviation training device, that meets the requirements of §141.41(b), cannot exceed the limitation provided for in paragraph (c)(3) of this section.
- (d) Each approved course must include the flight training on the approved areas of operation listed in this section that are appropriate to the aircraft category and class rating course—
- (1) For a combined private pilot certification and instrument rating course involving a single-engine airplane:
 - (i) Preflight preparation.
 - (ii) Preflight procedures.
 - (iii) Airport and seaplane base operations.
 - (iv) Takeoffs, landings, and go-arounds.
 - (v) Performance maneuvers.
 - (vi) Ground reference maneuvers.
- (vii) Navigation and navigation systems.
- (viii) Slow flight and stalls.
- (ix) Basic instrument maneuvers and flight by reference to instruments.